



# MILAN DAMJANAC

## Psychotherapist & Educator

### PROFESSIONAL EXPERIENCE

06/2023 - present  
Belgrade, Serbia

#### PLK Center - Association for Constructivism and Integrative Approach

##### Co-founder, President & Educator/Supervisor of Psychotherapy

- Guiding the development and direction of the institution, overseeing its operations, and ensuring the highest standards of education and training in the field of psychotherapy.
- Presentation and education of psychotherapy, counseling and philosophy to students with an interactive approach.
- Tutoring the students in their educations, learning the theory and in their psychotherapy work with clients.

09/2018 - 06/2023  
Belgrade, Serbia

#### Serbian Constructivist Association

##### Educator & Tutor of Psychotherapy

- Presentation and education of psychotherapy, counseling and philosophy to students with an interactive approach.
- Tutoring the students in their educations, learning the theory and in their psychotherapy work with clients.
- Participating in creating curriculum for association.

04/2015 - Present  
Belgrade, Serbia/Online

#### Private Practice

##### Constructivist Psychotherapist

- Working with clients who are affected by difficulties such as depression, phobias, stress, anxiety, panic attacks, emotional and relationship problems, physical or psychosomatic disorders and behavioral problems, personality disorders (Borderline, Narcissistic, Antisocial etc.), psychotic disorders, eating disorders etc.
- Performing therapy sessions in a controlled environment using verbal interaction and psychological techniques to explore behavior, attitudes and emotions helping clients to understand and address their inner conflicts and overcome their difficulties.

02 - 03/2017  
Belgrade, Serbia

#### Technical and Art High School

##### Teacher of Philosophy

- Taught the students course in Philosophy.
- Assign and evaluate all student work.

09/2014 - 07/2016  
Belgrade, Serbia

#### Art High School

##### Teacher of Philosophy

- Taught the students course in Philosophy.
- Foster an open, engaging and civil learning environment where all students are comfortable contributing to the discussion.
- Create syllabi and course plans for introductory classes in adherence with departmental course competencies. Assign and evaluate all student work, and maintain records of student attendance, achievements and competencies.
- Serve as advisor to graduate students in the major, helping them through the process of choosing a topic, reading appropriate works and writing their graduate theses.

### PERSONAL STATEMENT

Passionate, energetic and reliable **Constructivist Psychotherapist & Educator** with more than 11 years of experience in Psychotherapy and with also 6 years of experience in Teaching & Educating students in different institutions, with outstanding communication & presentation skills and diverse knowledge in humanistic sciences. I have presented a lot of different workshops and presentations in a variety of associations and conferences in the field of Philosophy, Psychotherapy and Counselling.

### CONTACT

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📍 Belgrade, Serbia

🌐 [milan-damjanac](#)

### PUBLICATIONS

Damjanac, M. (2015). *The Dionysian principle in Nietzsche's philosophy and the notion of pseudo health*. Naučna edukativna misao, Nomotehnički Centar, Belgrade, SSN 2334-8631, page 43-55.

Damjanac, M. (2015). *The problem of creating truth in Nietzsche's philosophy*. Naučna edukativna misao, Nomotehnički Centar, Belgrade, ISSN 2334-8631, page 36-48.

Damjanac, M. (2015). *Consideration of the relationship between truth and politics*. Naučna edukativna misao, Nomotehnički Centar, Belgrade, ISSN 2334-8631. page 24-34.



## EDUCATION

### THE OPEN COLLEGE

#### Professional Doctorate in Psychotherapy and Counselling

- Finished year: 2022

### THE COLLEGE OF SOCIAL WORK

#### MSc. In Clinical/Medical Social Work

- Finished year: 2017

### FACULTY OF PHILOSOPHY

#### UNIVERSITY OF BELGRADE, SERBIA

#### MSc. In Education

- Finished year: 2016

### FACULTY OF PHILOSOPHY

#### UNIVERSITY OF BELGRADE, SERBIA

#### BSc. & MSc. In Philosophy

- Finished year: 2013

## SOFT SKILLS

- Precise in Communication
- Excellent Listener
- Boundary Settings
- Very Empathetic

## VOLUNTEERING

### Let's talk

07/2015 - present

Counsellor

### Serbian Philosophical Society

2017 - present

Coordinator of Philosophical Section  
for Psychoanalysis

## LANGUAGES

**English:** intermediate proficiency

**Serbian:** mother tongue

## CERTIFICATION

### American Philosophical Practitioner Association (APPA)

03/2021 (No Expiration Date)

*Certificate in Philosophical  
Counselling and Practise*

### European Association for Psychotherapy

2022 (No Ex. Date)

*European Certificate of  
Psychotherapy*

### Serbian Union of Association for Psychotherapy

2019 (No Ex. Date)

*National Certificate in Psychotherapy*

### Open College UK Ltd

03/2021 (No Ex. Date)

*Certificate in Existential Counselling*

### Serbian Association for Psychotherapy, Counselling and Coaching

2019 (No Ex. Date)

*National Certificate in Psychotherapy  
and Counselling*

### European Association for Counselling

2019 (No Ex. Date)

*European Certificate in Counselling*

### Serbian Constructivist Association

2013 - 2018 (No Ex. Date)

*Certificate in Constructivist Psychotherapy and Counselling (5 year  
programme)*

## CONFERENCE PRESENTATIONS

“Psychosomatics form Constructivist Angle” workshop at the Psychotherapy Congress held by student organization Psihopraxum in May 2023.

“Constructivist Psychotherapy” round table at Student Psychotherapy Congress held by UpsStimulus, March 2023.

“Psychotherapy and the Search for Meaning” workshop at the Psychotherapy Congress held by Serbian Union of Association for Psychotherapy in October 2022.

“Psychotherapy Modalities” debate lecture at the Psychotherapy Congress held by Psihoterapija Explained in Sept 2022, in Palić lake.

“Love, happiness and identity” workshop at the Psychotherapy Congress held by Serbian Union of Association for Psychotherapy in October 2022.

“Psychosomatics form Constructivist angle” workshop at the Psychotherapy Congress held by Serbian Union of Association for Psychotherapy in October 2020.

“Singleness and loneliness from Constructivist angle” workshop at the Psychotherapy Congress held by Serbian Union of Association for Psychotherapy in October 2020.

“Role of psychotherapy in the disconnected world: Constructivist approach” presentation at the International Conference held by SAPCC in December 2019.

“Constructivist approach in understanding the personality: how to understand yourself and your needs?” workshop at the International Conference held by SAPCC in December 2019.

“Story about self from the angle of fear and the future Desirable and Undesirable Self” workshop at the Psychotherapy Congress held by Serbian Union of Association for Psychotherapy in October 2019.

“Identity from the angle of Constructivist Psychotherapy” presentation at the Psychotherapy Congress held by Serbian Union of Association of Psychotherapy in October 2019.

“Relationship between freedom, loneliness and psychotherapy” presentation at the Psychotherapy Congress held by Serbian Union of Association for Psychotherapy in October 2019.

“Philosophical practice, types and its relation to psychotherapy” presentation at the Philosophical Workshop held by Serbian Philosophical Society in October 2018.

“Change as a therapeutic goal in constructivist psychotherapy and a review of philosophical practice” presentation at the Psychotherapy Congress held by Serbian Union of Association for Psychotherapy in October 2017.