



MILAN DAMJANAC

Psychotherapist, Supervisor & Educator

PROFESSIONAL EXPERIENCE

PERSONAL

Passionate, energetic and reliable **Constructivist Psychotherapist & Educator** with more than 12 years of experience in **Psychotherapy** and with also 7 years of experience in **Teaching & Educating** students in different institutions. I have presented a lot of different **workshops and presentations** in a variety of associations and **conferences** in the field of **Philosophy, Psychotherapy and Counselling**.

CONTACT

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📍 Belgrade, Serbia

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PUBLICATIONS

Damjanac, M. (2024). *Jean Baudrillard's Views on Consumerist Society and Implications for socialization and mental health problems in today's time*. Philosophical Serbian Society, page 121- 135.

Damjanac, M. (2015). *The Dionysian principle in Nietzsche's philosophy and the notion of pseudo health*. Naučna edukativna misao, Nomotehnički Centar, Belgrade, SSN 2334-8631, page 43-55.

Damjanac, M. (2015). *The problem of creating truth in Nietzsche's philosophy*. Naučna edukativna misao, Nomotehnički Centar, Belgrade, ISSN 2334-8631, page 36-48.

Damjanac, M. (2015). *Consideration of the relationship between truth and politics*. Naučna edukativna misao, Nomotehnički Centar, Belgrade, ISSN 2334-8631. page 24-34.

● 06/2023 - present
Belgrade, Serbia

PLK Center - Association for Constructivism and Integrative Approach

Co-founder, President & Educator/Supervisor of Psychotherapy

- Guiding the development and direction of the institution, overseeing its operations, and ensuring the highest standards of education and training in the field of psychotherapy.
- Presentation and education of psychotherapy, counseling and philosophy to students with an interactive approach.
- Tutoring the students in their educations, learning the theory and in their psychotherapy work with clients.

● 09/2018 - 06/2023
Belgrade, Serbia

Serbian Constructivist Association

Educator & Tutor of Psychotherapy

- Presentation and education of psychotherapy, counseling and philosophy to students with an interactive approach.
- Tutoring the students in their educations, learning the theory and in their psychotherapy work with clients.
- Participating in creating curriculum for association.

● 04/2015 - Present
Belgrade, Serbia/Online

Private Practice

Constructivist Psychotherapist

- Working with clients who are affected by difficulties such as depression, phobias, stress, anxiety, panic attacks, emotional and relationship problems, physical or psychosomatic disorders and behavioral problems, personality disorders (Borderline, Narcissistic, Antisocial etc.), psychotic disorders, eating disorders etc.
- Performing therapy sessions in a controlled environment using verbal interaction and psychological techniques to explore behavior, attitudes and emotions helping clients to understand and address their inner conflicts and overcome their difficulties.

● 02 - 03/ 2017
Belgrade, Serbia

Technical and Art High School

Teacher of Philosophy

- Taught the students course in Philosophy.
- Assign and evaluate all student work.

● 09/2014 - 07/2016
Belgrade, Serbia

Art High School

Teacher of Philosophy

- Taught the students course in Philosophy.
- Foster an open, engaging and civil learning environment where all students are comfortable contributing to the discussion.
- Create syllabi and course plans for introductory classes in adherence with departmental course competencies. Assign and evaluate all student work, and maintain records of student attendance, achievements and competencies.
- Serve as advisor to graduate students in the major, helping them through the process of choosing a topic, reading appropriate works and writing their graduate theses.



EDUCATION

THE COLLEGE OF SOCIAL WORK

MSc. In Clinical/Medical Social Work

- Finished year: 2017

FACULTY OF PHILOSOPHY

UNIVERSITY OF BELGRADE, SERBIA

MSc. In Education

- Finished year: 2016

FACULTY OF PHILOSOPHY

UNIVERSITY OF BELGRADE, SERBIA

BSc. & MSc. In Philosophy

- Finished year: 2013

SOFT SKILLS

- Precise in Communication
- Excellent Listener
- Boundary Settings
- Very Empathetic

VOLUNTEERING

Let's talk

07/2015 - present

Counsellor

Serbian Philosophical Society

2017 - present

Coordinator of Philosophical Section
for Psychoanalysis

LANGUAGES

English: intermediate proficiency

Serbian: mother tongue

CERTIFICATION

American Philosophical Practitioner Association (APPA)

03/2021 (No Expiration Date)

*Certificate in Philosophical
Counselling and Practise*

European Association for Psychotherapy

2022 (No Ex. Date)

*European Certificate of
Psychotherapy*

Serbian Union of Association for Psychotherapy

2019 (No Ex. Date)

National Certificate in Psychotherapy

Open College UK Ltd

03/2021 (No Ex. Date)

Certificate in Existential Counselling

Serbian Association for Psychotherapy, Counselling and Coaching

2019 (No Ex. Date)

*National Certificate in Psychotherapy
and Counselling*

European Association for Counselling

2019 (No Ex. Date)

European Certificate in Counselling

Serbian Constructivist Association

2013 - 2018 (No Ex. Date)

*Certificate in Constructivist Psychotherapy and Counselling (5 year
programme)*

CONFERENCE PRESENTATIONS

“*Psychosomatics form Constructivist Angle*” workshop at the Psychotherapy Congress held by student organization Psihopraxum in May 2023.

“Constructivist Psychotherapy” round table at Student Psychotherapy Congress held by UpsStimulus, March 2023.

“*Psychotherapy and the Search for Meaning*” workshop at the Psychotherapy Congress held by Serbian Union of Association for Psychotherapy in October 2022.

“Psychotherapy Modalities” debate lecture at the Psychotherapy Congress held by Psihoterapija Explained in Sept 2022, in Palić lake.

“Love, happiness and identity” workshop at the Psychotherapy Congress held by Serbian Union of Association for Psychotherapy in October 2022.

“Psychosomatics form Constructivist angle” workshop at the Psychotherapy Congress held by Serbian Union of Association for Psychotherapy in October 2020.

“Singleness and loneliness from Constructivist angle” workshop at the Psychotherapy Congress held by Serbian Union of Association for Psychotherapy in October 2020.

“Role of psychotherapy in the disconnected world: Constructivist approach” presentation at the International Conference held by SAPCC in December 2019.

“Constructivist approach in understanding the personality: how to understand yourself and your needs?” workshop at the International Conference held by SAPCC in December 2019.

“Story about self from the angle of fear and the future Desirable and Undesirable Self” workshop at the Psychotherapy Congress held by Serbian Union of Association for Psychotherapy in October 2019.

“Identity from the angle of Constructivist Psychotherapy” presentation at the Psychotherapy Congress held by Serbian Union of Association of Psychotherapy in October 2019.

“Relationship between freedom, loneliness and psychotherapy” presentation at the Psychotherapy Congress held by Serbian Union of Association for Psychotherapy in October 2019.

“Philosophical practice, types and its relation to psychotherapy” presentation at the Philosophical Workshop held by Serbian Philosophical Society in October 2018.

“Change as a therapeutic goal in constructivist psychotherapy and a review of philosophical practice” presentation at the Psychotherapy Congress held by Serbian Union of Association for Psychotherapy in October 2017.