

PERSONAL

Passionate, energetic and reliable **Constructivist Psychotherapist & Educator** with more than 12 **years of experience** in **Psychotherapy** and with also 7 **years** of experience in **Teaching & Educating** students in different institutions. I have presented a lot of different **workshops and presentations** in a variety of associations and **conferences** in the field of **Philosophy, Psychotherapy and Counselling.**

CONTACT

milan.damjanac@gmail.com

Belgrade, Serbia

milan-damjanac

060/0777-542

LANGUAGES

English: intermediate proficiency

Serbian: mother tongue

MILAN DAMJANAC

Psychotherapist, Supervisor & Educator

PROFESSIONAL EXPERIENCE

06/2023 - present
Belgrade, Serbia

PLK Center - Association for Constructivism and Integrative Approach

Co-founder, President & Educator/Supervisor of Psychotherapy

- Guiding the development and direction of the institution, overseeing its operations, and ensuring the highest standards of education and training in the field of psychotherapy.
- Presentation and education of psychotherapy, counseling and philosophy to students with an interactive approach.
- Tutoring the students in their educations, learning the theory and in their psychotherapy work with clients.

09/2018 - 06/2023
Belgrade, Serbia

Serbian Constructivist Association

Educator & Tutor of Psychotherapy

- Presentation and education of psychotherapy, counseling and philosophy to students with an interactive approach.
- Tutoring the students in their educations, learning the theory and in their psychotherapy work with clients.
- Participating in creating curriculum for association.

04/2015 - Present
Belgrade, Serbia/Online

Private Practice

Constructivist Psychotherapist

- Working with clients who are affected by difficulties such as depression, phobias, stress, anxiety, panic attacks, emotional and relationship problems, physical or psychosomatic disorders and behavioral problems, personality disorders (Borderline, Narcissistic, Antisocial etc.), psychotic disorders, eating disorders etc.
- Performing therapy sessions in a controlled environment using verbal interaction and psychological techniques to explore behavior, attitudes and emotions helping clients to understand and address their inner conflicts and overcome their difficulties.

02 - 03/ 2017
Belgrade, Serbia

Technical and Art High School

Teacher of Philosophy

- Taught the students course in Philosophy.
- Assign and evaluate all student work.

09/2014 - 07/2016
Belgrade, Serbia

Art High School

Teacher of Philosophy

- Taught the students course in Philosophy.
- Foster an open, engaging and civil learning environment where all students are comfortable contributing to the discussion.
- Create syllabi and course plans for introductory classes in adherence with departmental course competencies.
  Assign and evaluate all student work, and maintain records of student attendance, achievements and competencies.
- Serve as advisor to graduate students in the major, helping them through the process of choosing a topic, reading appropriate works and writing their graduate theses.



EDUCATION

THE COLLEGE OF SOCIAL WORK

MSc. In Clinical/Medical Social Work

- Finished year: 2017

FACULTY OF PHILOSOPHY
UNIVERSITY OF BELGRADE, SERBIA

MSc. In Education

- Finished year: 2016

FACULTY OF PHILOSOPHY
UNIVERSITY OF BELGRADE, SERBIA

BSc. & MSc. In Philosophy

- Finished year: 2013

SOFT SKILLS

- Precise in Communication
- Excellent Listener
- Boundary Settings
- Very Empathetic

VOLUNTEERING

Let's talk
07/2015 - present
Counsellor

Serbian Philosophical Society
2017 - present
Coordinator of Philosophical Section for Psychoanalysis

American Philosophical Practitioner Association (APPA)
03/2021 (No Expiration Date)
Certificate in Philosophical Counselling and Practise

European Association for Psychotherapy
2022 (No Ex. Date)
European Certificate of Psychotherapy

Serbian Union of Association for Psychotherapy
2019 (No Ex. Date)
National Certificate in Psychotherapy

Open College UK Ltd
03/2021 (No Ex. Date)
Certificate in Existential Counselling

Serbian Association for Psychotherapy, Counselling and Coaching
2019 (No Ex. Date)
National Certificate in Psychotherapy and Counselling

European Association for Counselling
2019 (No Ex. Date)
European Certificate in Counselling

Serbian Constructivist Association
2013 - 2018 (No Ex. Date)
Certificate in Constructivist Psychotherapy and Counselling (5 year programme)

PUBLICATIONS

Damjanac, M. (2026). The Contemporary Psychotherapeutic Subject: Between Constructivism and Critical Theory. Personal Construct Theory & Practice, 23, 68–77.

Damjanac, M. (2026). Adorno's view of consumerism and mental health problems. *Filozofske studije, 42*.

Damjanac, M. (2026). Between Freedom and Exhaustion: Byung-Chul Han on Neoliberal Subjectivity. Humanology: International Journal of Advanced and Applied Philosophy for the 21st Century, 2(1) ISSN 3104-2570

Damjanac, M. (2024). *Jean Baudrillard's Views on Consumerist Society and Implications for socialization and mental health problems in today's time*. Philosophical Serbian Society, page 121- 135.

Damjanac, M. (2015). *The Dionysian principle in Nietzsche's philosophy and the notion of pseudo health*. Naučna edukativna misao, Nomotehnički Centar, Belgrade, SSN 2334-8631, page 43-55.

Damjanac, M. (2015). *The problem of creating truth in Nietzsche's philosophy*. Naučna edukativna misao, Nomotehnički Centar, Belgrade, ISSN 2334-8631, page 36-48.

Damjanac, M. (2015). *Consideration of the relationship between truth and politics*. Naučna edukativna misao, Nomotehnički Centar, Belgrade, ISSN 2334-8631, page 24-34.

CONFERENCE PRESENTATIONS

2026
• Closeness and Resistance: Leitner's Understanding of the Therapeutic Relationship, interactive lecture, 16th Congress of Psychotherapists of Serbia, Belgrade, 23 October 2026.
• Psychotherapy in the Era of Dopamine Hyperstimulation: How to "Reassemble" the Psyche, presentation, 6th International Congress Case Studies in Psychotherapy: Psychophysiological Integration – A New Paradigm in Psychotherapy, Belgrade, 25–26 April 2026.
• When the Body Speaks: How to Give Voice to Feelings in Psychosomatic Patients, workshop, same 6th International Congress, Belgrade, 25–26 April 2026.

2025
• Han's Conception of the Subject and the Intrusion of Management into Psychotherapy, interactive lecture, 15th Congress of Psychotherapists of Serbia, Belgrade, 23–26 October 2025.
• Yalom's Approach in Psychotherapy and the Understanding of Symptoms, interactive lecture, 15th Congress of Psychotherapists of Serbia, Belgrade, 23–26 October 2025.
• Somatization of Trauma: How to Understand the Bodily Language of Trauma, International Conference Case Studies in Psychotherapy: Trauma – How to Free the Ego from Pain.
• Working with Borderline Clients from a Constructivist Perspective, 4th International Scientific and Professional Conference Case Studies in Psychotherapy, Belgrade, 2 March 2025.

2024
• Pitfalls of Misusing the Term Empathy and Our Countertransferences in the Therapeutic Process, workshop, 14th Congress of Psychotherapists of Serbia, Belgrade, 17–20 October 2024.
• Lecturer at the 3rd International Constructivism Weekend, Working with Children, Adolescents and Their Families – Where Constructivism Meets Systemic Psychotherapy, Hotel Moskva, Belgrade, 22–24 March 2024.
• Psychosomatics from a Constructivist Perspective: A Case Study, 3rd International Conference Case Studies in Psychotherapy, Belgrade, 2 March 2024.

2023
• Constructivism, Anxiety and Self-Esteem, workshop, 13th Congress of Psychotherapists of Serbia, Belgrade, 26–29 October 2023.
• Humor and Psychotherapy, workshop, 13th Congress of Psychotherapists of Serbia, Belgrade, 26–29 October 2023.
• Constructivism, Trauma and Respect, workshop, 13th Congress of Psychotherapists of Serbia, Belgrade, 26–29 October 2023.
• Psychosomatics from a Constructivist Perspective, workshop, Psychotherapy Congress organized by Psihopraxum, May 2023.
• Depression and Grief, Vitezovi osmeha (Knights of Smile) Symposium, Belgrade, 7 April 2023.
• Lectures on trauma, cultural narratives, identity and authenticity, 2nd Constructivism Weekend: Counseling and Psychotherapeutic Work with Trauma – A Constructivist Perspective, Fruška Gora, 31 March – 2 April 2023.
• Constructivist Psychotherapy, round table, Student Psychotherapy Congress UPStimulus, March 2023.

2022
• Love and Violence, international conference, Belgrade, 7 December 2022.
• The Role of Psychotherapy in an Atomized Society, plenary lecture, Congress of the Federation of Psychotherapy Associations of Serbia, Belgrade, 27–30 October 2022.
• Psychotherapy and the Search for Meaning, workshop, Congress of the Federation of Psychotherapy Associations of Serbia, Belgrade, 27–30 October 2022.
• Love, Happiness and Identity, workshop, Congress of the Federation of Psychotherapy Associations of Serbia, Belgrade, 27–30 October 2022.
• Erotic Transference in Psychotherapy, international conference, 21 September 2022.
• Psychotherapy Modalities, debate lecture, congress organized by Psihoterapija Explained, Palić, September 2022.
• A Constructivist View of Love, international conference Partner Relationships – From Light to Darkness, 8 June 2022.
• Puzzles of Identity, round table, Stimuluskup, Faculty of Philosophy, University of Belgrade, 27 March 2022.

2020/21
• Partner Relationships and Mental Health, guest lecture/webinar, EFPSA, Mind the Mind campaign, Belgrade.

2020
• Psychosomatics from a Constructivist Perspective, workshop, Congress of the Federation of Psychotherapy Associations of Serbia, Belgrade, 23–24 October 2020.
• Loneliness and Solitude from a Constructivist Perspective, workshop, Congress of the Federation of Psychotherapy Associations of Serbia, Belgrade, 23–24 October 2020.

2019
• The Role of Psychotherapy in a World of Disconnection: A Constructivist Approach, plenary lecture, UPSKS International Conference, Belgrade, 7–8 December 2019.
• A Constructivist Approach to Understanding Personality: How to Understand Yourself and Your Needs?, workshop, UPSKS International Conference, Belgrade, 7–8 December 2019.
• The Self-Narrative from the Perspective of Fear and the Future Desired and Undesired Self, workshop, Congress of the Federation of Psychotherapy Associations of Serbia, Belgrade, 24–27 October 2019.
• Identity from the Perspective of Personal Construct Psychology, oral presentation, Congress of the Federation of Psychotherapy Associations of Serbia, Belgrade, 24–27 October 2019.
• The Relationship between Freedom, Loneliness and Psychotherapy, Congress of the Federation of Psychotherapy Associations of Serbia, Belgrade, 24–27 October 2019.

2018
• Philosophical Practice, Its Types and Its Relationship to Psychotherapy, Section for Psychotherapeutics of the Serbian Philosophical Society, Belgrade.

2017
• Change as a Therapeutic Goal in Constructivist Psychotherapy and a Review of Philosophical Practice, 7th Congress of Psychotherapists of Serbia, Belgrade, 19–22 October 2017.